

PREPARING FOR YOUR MOHS SKIN SURGERY

DO:

- Expect to be at the office anywhere from 2-8 hours.
- Shower and shampoo the night before or morning of your surgery. Wash the surgery area with antibacterial soap, such as Dial soap. or moisturizer the day of
- Eat normal meals before surgery!
- Bring food, drink or snack if you wish to do so.
- Bring a list of **ALL** your current medications.
- Make medical staff aware if you are on any blood thinning medications and if you have any medication allergies.
- Take all of your regular medications unless directed otherwise.
- Consider bringing a book, tablet, or magazine.
- Make medical staff aware if you have any type of implantable electric device.
- If a preoperative medication is prescribed, please be sure to take that medication one hour prior to your appointment.
- Wear loose comfortable clothing. Do not wear formal ties, slack, dress jackets, suit shirts etc. Avoid excessive jewelry.
- Avoid alcohol the day before and after surgery.
- Avoid caffeine the day of surgery.

DONT:

- Wear makeup, have hair pulled back from the surgery site if applicable.
- No herbs, vitamin E, niacin, fish oil tablets, or non-steroidal anti-inflammatory medications (Motrin, Advil etc.) one week prior to surgery, they can increase bleeding.
- If you take **ASPIRIN** for your heart, take Aspirin as directed by your **DOCTOR** unless your doctor advises otherwise.
- No lotions should be applied near the surgery site the day of surgery.

Please ask if you have any questions before, during or after your surgery

